



the banzo \$14

harissa cauliflower, spiced chickpeas spread, carrot slaw with red onion, apricot and sumac, olives, preserved lemon, mint, parsley, pickled fennel, chermoula aioli, fried chickpeas and arugula on house-made focaccia (vegan)

the ode \$13

jammy egg, feta, pickles (carrots/ beets/ onions), herby caper aioli with arugula and fresh herbs on house-made focaccia

the al pastorva coleman \$15

al pastor mushrooms, rojo salsa, feta, tortilla strips, black bean mash, lime aioli, pickled jalapeños and red onions, cabbage slaw with pineapple/ white onion and arugula

the adriana \$15

prosciutto, mozzarella, kale caesar, marinated eggplant, capers, olives, fennel, red onion, golden raisins, red pepper aioli, breadcrumbs and arugula on Trent's bread

the afterschool snack \$8

turkey, provolone, green apple, cherry peppers, mustard aioli and arugula on o'bread ciabatta

all sandwiches can be made on gluten free bread

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

we are open tuesday-friday, 8am-10am, 11am-2:30pm
orders can be placed online at poppyvt.com or in person